

The Ultimate Move Abroad Checklist

Plan your new life abroad with this simple and practical checklist.

3–6 Months Before Moving

■	Research your destination (cost of living, neighborhoods, healthcare).
■	Apply for visa or residence permit early.
■	Learn basic phrases in the local language.
■	Check expat guides and blogs for insider tips.

2–3 Months Before Moving

■	Set up an international bank account.
■	Arrange health insurance.
■	Book temporary accommodation.
■	Plan what to pack and declutter unnecessary items.

1 Month Before Moving

■	Sort belongings: keep, donate, sell.
■	Pack essentials and important documents.
■	Prepare a carry-on bag with chargers, medication and valuables.
■	Notify landlord, utilities and subscriptions.

1 Week Before Moving

■	Confirm flights and travel arrangements.
■	Back up important documents digitally.
■	Pack luggage and label boxes clearly.
■	Prepare emergency contacts and first-day plans.

Day of the Move

■	Carry passport, visa, ID and tickets.
■	Keep medications and valuables in your carry-on.
■	Arrive early at the airport.
■	Check luggage weight.

First Week Abroad

■	Register your address if required.
■	Open a local bank account.
■	Get a local SIM card.
■	Learn public transport routes.
■	Explore your neighborhood and local stores.